

What is Supported Living?

At Windgap we provide adults with intellectual disabilities an opportunity to live as independently as possible through Supported Accommodation within the local community.

Our person centred approach ensures that our residential spaces are suited to the individual and cater for their level of support and needs, to help them achieve their goals and live as independently as possible.

Our residential homes are located across Sydney and are supervised by our caring in-house team of Community Support Workers.

Each residence is a warm and safe place to call home for small groups, where residents can enjoy the privacy of their own bedroom, as well as shared spaces to watch TV, enjoy outdoor gardens and cook meals together.

All homes have a dedicated support team on hand to help maintain a safe and harmonious living environment, and provide support and access to Allied Health Professionals or additional assistance around the clock.

What are the benefits of Supported Living?

Our Supported Living homes provides peace of mind, knowing that your loved one is being cared for in a supported and safe environment, with the opportunity to continually develop their independence and life skills.

For our residents, the benefits are many and include:

- The opportunity to learn new life skills and personal care activities including: housework, washing, cooking, travel training, shopping and more.
- Take an active part in the community and participate in new and fun activities.
- Receive support to access employment or other commitments.
- Further develop money management, numeracy and communication skills.
- Support to build their social skills; confidence and self-esteem
- Empowerment through the opportunity to grow their independence.
- Easy access to Allied Health Professionals and assistance in medical appointments.
- Support in accessing Government services such as Centrelink.
- Opportunity to meet new people, form friendships and have fun!



Getting out and about

We travel! Each Windgap house has a vehicle available that is suited to the needs of the residents. Catching public transport is another way to ensure we get out and about in the community.

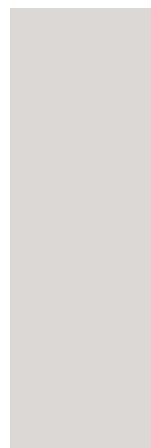
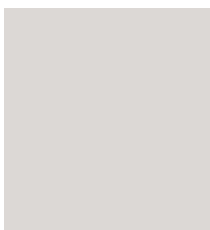
Some of our activities and experiences include:

- Weekly art classes
- Dance classes
- Cooking classes
- Mosaic classes
- Maintaining our garden and veggie patches
- Beach walks
- Café visits
- Sports and gym activities
- Library activities
- Learning and life skills training
- Computer training
- Community volunteering
- Sensory Room access
- Concerts and shows at local clubs
- Plus, a range of excursions to the movies, museums, Sydney festivals etc!

Vacancy Opportunities

At Windgap, we offer a wide variety of Supported Living homes, located within the Eastern and Southern suburbs of Sydney. Each home is tailored to support an individual's needs, support levels and goals.

Please visit www.windgap.org.au/vacancy to view current and upcoming vacancies.



Contact us

To find out more contact us by:



02 8337 3600

Monday to Friday – 8:00am to 5:00pm



info@windgap.org.au



www.windgap.org.au